

LOTUS

SANDWICH EATERY & BAR

SALADS

HOUSE SALAD

with house mix greens, grated carrot, tomato, croutons, onion and Lotus vinaigrette.

7.75 ADD EGG AND/OR BACON FOR 50¢ EACH

COBBLER SALAD

field greens with roasted chicken breast, avocado, bacon, egg, blue cheese, croutons, tomato and lotus goddess dressing **9.99**

MARKET SALAD

field greens with roasted turkey breast, goat cheese, sunflower seeds, apples, strawberries and poppy seed dressing **9.99**

SPICED PEAR SALAD

fresh spinach and baby greens and kale mix, spiced pears, dried cranberries, bacon, goat cheese, avocado, candied pecans and habanero honey dressing **9.99**

SPINACH SALAD

fresh spinach, sauteed mushrooms and red onion, parmesan, bacon, sliced egg and hot bacon sherry vinaigrette **9.99**

SOUP

CHICKEN NOODLE

Cup 4 Bowl 6 Bread Bowl 7

FRENCH ONION

Cup 4 Bowl 6 Bread Bowl 7

PICK TWO ITEMS

1/2 sandwich with choice of cup of soup, side salad or carrots & hummus

Turkey Club **7.99**

Turkey & Pepperoni **7.99**

The Italian **7.99**

B.L.A.T. **7.99**

The Raw **7.99**

Grilled Cheese **5.99**

Reuben **8.99**

The Drop **8.99**

Lotus Cuban **8.99**

Fresh Maker **8.99**

Lotus So Spice! Steak **8.99**

SANDWICHES

comes with choice of kettle chips, apple, or a cookie, or upgrade for \$2 for a cup of soup or carrot sticks & hummus, or \$3 for a side salad

TURKEY CLUB **8.99**

roasted turkey breast, bacon, lettuce, avocado & tomato on hoagie with creamy italian

REUBEN **9.99**

corned beef, melted swiss cheese, sauerkraut & thousand island on marbled rye

CHICKEN SALAD CROISSANT **8.99**

house-made chicken salad with lettuce & tomato on a warm, flaky croissant

THE DROP **9.99**

roast beef, provolone cheese, horseradish aioli and au jus on hoagie

LOTUS CUBAN **9.99**

pork shoulder bacon, ham, salami, swiss cheese, dill pickle and mustard aioli on cuban bread

TURKEY & PEPPERONI **8.99**

turkey, pepperoni, provolone, lettuce, banana peppers on hoagie with Lotus vinaigrette

THE ITALIAN **8.99**

genoa salami, pepperoni, black forest ham, provolone, lettuce, tomato, red onion, banana peppers on hoagie with Lotus vinaigrette

B.L.A.T. **8.99**

bacon, lettuce, avocado, tomato on sliced bread with mayo

GRILLED CHEESE **6.99**

Monterey Jack, Cheddar and Provolone cheese, add bacon for just \$1

THE RAW **7 8.99**

avocado, cucumber, bell pepper, red onion, lettuce, tomato, sprouts, swiss cheese and dill dressing on sliced whole wheat bread

FRESH MAKER **9.99**

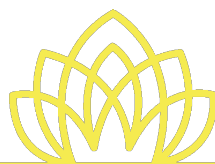
lightly sauteed veggies, spinach, broccoli, squash, peppers, mushroom, red onion, basil pesto and our balsamic vinaigrette on hoagie with provolone

LOTUS SO SPICE! STEAK **9.99**

Spicy Teriyaki Steak on crunchy Philly roll with peppers, mushrooms, honey & spices, cilantro and swiss cheese

THREE CHEESE & AVOCADO **7.99**

Hoagie with avocado, three cheeses, lettuce and tomato



BUILD YOUR OWN
ON THE FLIPSIDE

LOTUS

SANDWICH EATERY & BAR

BUILD YOUR OWN

Sandwiches start at 7.99

MEATS / pick one, extra 1.50 ea.

Chicken Salad
Black Forest Ham
Pepperoni
Roast Beef
Salami
Turkey
Veggies Only Available, just ask

BREAD / pick one

Croissant
Cuban
Marble Rye
Philly Roll
Wheat
Wheat Hoagie
White
White Hoagie

CHEESE / pick one, extra 75¢ ea.

Cheddar (sliced or grated)
Pepper jack
Provolone
Monterey Jack (sliced or grated)
Swiss

VEGGIES / pick three, extra 50¢ ea.

Avocado (1.00)	Banana pepper
Broccoli	Grated Carrots
Cucumber	Dill pickle
Green Bell Pepper	Lettuce
Mushrooms	Sauerkraut
Sprouts	Red onion
Tomato	

Condiments

Mayo, Mustard, Honey Mustard, Dijon Mustard, Basil Pesto, Lotus vinaigrette

Salads choose up to 5 toppings, extra 50¢ each
house mix 7.75 | field greens 7.99 | spinach 8.99

Toppings

Tomato, Red Onion, Cucumber, Broccoli, Bell Pepper, Mushrooms, Boiled Egg, Grated Carrot, Banana Peppers, Dried Cranberries, Sunflower Seeds, Candied Pecans, Avocado (1.00), Blue Cheese crumbles, Strawberries, Apple, Croutons, Bacon (1.00), Parmesan Cheese, Diced Grilled Chicken, Diced Turkey.

Dressings

Ranch, Creamy Italian, Lotus Vinaigrette, Honey Habanero, Honey Mustard, Lotus Goddess, Lotus Island, Poppy Seed, Balsamic Vinaigrette, Oil & Vinegar

JUST FOR KIDS

Little Kids Portion - 1/2 sandwich 3.99
Junior Kids Portion - 4 triangles 5.99

TURKEY OR HAM

with cheese, plain and dry, kid sized white sliced bread, comes with apple slices, carrot sticks, and kettle chips or cookie

PEANUT BUTTER OR SUN BUTTER

with grape jelly, kid sized white sliced bread, comes with apple slices, carrot sticks, and kettle chips or cookie

GRILLED CHEESE

kid sized white sliced bread, comes with apple slices, carrot sticks, and kettle chips or cookie

MAC&CHEESE

comes with apple slices, carrot sticks, and cookie

DESSERTS

COOKIES

Chocolate Chip, White Macadamia Nut or Snickerdoodle, Peanut Butter and Oatmeal Raisin .99

DRINKS

TEA, SODA 1.99

LEMONADE 1.99

DRIP COFFEE

12 oz cup 1.99 bottomless 3.99

DRAFT LATTE OR NITRO COFFEE 4.99

By Cirque Coffee
Add flavoured syrup [Vanilla, Caramel or Lavender] for \$1

KIDS APPLE JUICE OR MILK 1.99

SMOOTHIE

Mango, Triple Berry or Tropical Caribbean
16 oz \$6
Add 1 oz shot rum, vodka or tequila \$10

SIDES

KETTLE CHIPS 1.75

CARROTS WITH HUMMUS 2.99

APPLE (WHOLE OR SLICED) 1.50

SIDE SALAD 3.99

*Consuming raw or undercooked meats may increase your risk of foodborne illness, especially if you have certain medical conditions.