

# SALADS

### **HOUSE SALAD**

with house mix greens, grated carrot, tomato, croutons, onion and Lotus vinaigrette. 7.75 ADD EGG AND/OR BACON FOR 50¢ EACH

# **COBBLER SALAD**

field greens with roasted chicken breast. avocado, bacon, egg, blue cheese, croutons, tomato and lotus goddess dressing 9.99

#### **MARKET SALAD**

field greens with roasted turkey breast, goat cheese, sunflower seeds, apples, strawberries and poppy seed dressing 9.99

#### SPICED PEAR SALAD

fresh spinach and baby greens and kale mix, spiced pears, dried cranberries, bacon, goat cheese, avocado, candied pecans and habanero honey dressing 9.99

## SPINACH SALAD

fresh spinach, sauteed mushrooms and red onion, parmesan, bacon, sliced egg and hot bacon sherry vinaigrette 9.99

# SOUP

#### **CHICKEN NOODLE**

Cup 4 Bowl 6 Bread Bowl 7

### FRENCH ONION 🍩



Cup 4 Bowl 6 Bread Bowl 7

# SOUTHWEST CHICKEN ENCHILADA

Cup 4 Bowl 6 Bread Bowl 7



BUILD YOUR OWN ON THE FLIPSIDE

#### \*Consuming raw or undercooked meats may increase your risk of foodborne illness, especially if you have certain medical conditions.

# SANDWICHES

comes with choice of kettle chips, apple, or a cookie, or upgrade for \$1 for a cup of soup or carrot sticks & hummus, or \$2 for a side salad

{ Cold, Heated or Hot-Pressed on the Panini, Wheat or White }

#### **TURKEY CLUB**

roasted turkey breast, bacon, lettuce, avocado & tomato on hoagie with creamy italian 8.99

#### **RFIJRFN**

corned beef, melted swiss cheese, sauerkraut & thousand island on marbled rye 9.99

# CHICKEN SALAD CROISSANT



house-made chicken salad with lettuce & tomato on a warm, flaky croissant 8.99

#### THE DROP



roast beef, provolone cheese, horseradish aioli and au jus on hoagie 9.99

# LOTUS CUBAN 🚳



pork shoulder bacon, ham, salami, swiss cheese, dill pickle and mustard aioli on cuban bread 9.99

# **TURKEY & PEPPERONI**

turkey, pepperoni, provolone, lettuce, banana peppers on hoagie with Lotus vinaigrette 8.99

## THE ITALIAN

genoa salami, pepperoni, black forest ham, provolone, lettuce, tomato, red onion, banana peppers on hoagie with Lotus vinaigrette 8.99

#### B.L.A.T.



bacon, lettuce, avocado, tomato on sliced bread with mayo 8.99

#### **GRILLED CHEESE**

white American, Cheddar and Provolone cheese, add bacon for just \$1 6.99

# THE RAW 7

avocado, cucumber, bell pepper, red onion, lettuce, tomato, sprouts, swiss cheese and dill dressing on sliced whole wheat bread 8.99

#### FRESH MAKER 🍩



lightly sauteed veggies, spinach, broccoli, squash, peppers, mushroom, red onion, basil pesto and our balsamic vinaigrette on hoagie with provolone 9.99

PICK TWO for ONLY 9.99 - Your Choice 1/2 sandwich, 1/2 salad or cup of soup



# BUILD YOUR OWN

Sandwiches start at 7.99

# MEATS / pick one, extra 1.50 ea.

Turkey

Black Forest Ham

Roast Beef

Chicken Salad

Veggies Only Available, just ask

### **BREAD / pick one**

White

Wheat

Marble Rye

Croissant (1.00)

White Hoagie

Wheat Hoagie

Cuban (1.00)

# CHEESE / pick one, extra 75¢ ea.

**American** 

**Swiss** 

Provolone

Cheddar (sliced or grated)

Pepper jack

Mozzarella (grated)

Monterey Jack (grated)

# **VEGGIES / pick three, extra 50¢ ea.**

Avocado (1.00)
Banana pepper
Broccoli
Grated Carrots
Cucumber
Dill pickle
Green Bell Pepper
Lettuce
Mushrooms
Sauerkraut
Sprouts
Red onion

Tomato

#### **Condiments**

Mayo, Mustard, Honey Mustard, Dijon Mustard, Basil Pesto, Lotus vinaigrette

Salads choose up to 5 toppings, extra 50¢ each house mix 7.75 | field greens 7.99 | spinach 8.99

# **Toppings**

Tomato, Red Onion, Cucumber, Broccoli, Bell Pepper, Mushrooms, Boiled Egg, Grated Carrot, Banana Peppers, Dried Cranberries, Sunflower Seeds, Candied Pecans, Avocado (1.00), Blue Cheese crumbles, Strawberries, Apple, Croutons, Bacon (1.00), Parmesan Cheese, Diced Grilled Chicken, Diced Turkey.

## **Dressings**

Ranch, Creamy Italian, Lotus Vinaigrette, Honey Habanero, Honey Mustard, Lotus Goddess, Lotus Island, Poppy Seed, Balsamic Vinaigrette, Oil & Vinegar

# JUST FOR KIDS

12 and under Little Kids Portion 3.99 Junior Kids Portion 5.99

# **TURKEY OR HAM**

with cheese, plain and dry, white sliced bread, comes with apple slices, carrot sticks, and kettle chips or cookie

### **PEANUT BUTTER OR SUN BUTTER**

with grape jelly, white sliced bread, comes with apple slices, carrot sticks, and kettle chips or cookie

#### **GRILLED CHEESE**

white sliced bread, comes with apple slices, carrot sticks, and kettle chips or cookie

#### **MAC&CHEESE**

comes with apple slices, carrot sticks, and cookie

# DESSERTS

#### **COOKIES**

Chocolate Chip, White Macadamia Nut or Snickerdoodle, Peanut Butter and Oatmeal Raisin .99

# **CHOCOLATE BUNDT CAKE 3.99**

# **CHOCOLATE S'MORES LAVA CAKE**

shared dessert serves 2-3 6.99

# DRINKS

**TEA, SODA** 1.99

**LEMONADE** 2.99

# **DRIP COFFEE**

12 oz cup 1.99 bottomless 3.99

### **DRAFT LATTE OR NITRO COFFEE 4.99**

By Cirque Coffee

Add flavoured syrup [Vanilla, Caramel or Lavender] for \$1

FRESH OJ 2.99

**KIDS APPLE JUICE OR MILK 1.99** 

# SIDES

**KETTLE CHIPS 1.75** 

**CARROTS WITH HUMMUS 2.99** 

**APPLE (WHOLE OR SLICED) 1.50**